

## **CORRI TRIESTE 2024 REGULATION COMPETITIVE 10 KM ROAD RACE**

The A.S.D. Promorun Trieste, in cooperation with the municipality of Trieste and the Friuli-Venezia Giulia, organises the 21st edition of the Corri Trieste, an event of road running athletics included in the FIDAL National Calendar. The event will take place in all weather conditions.

The presence of a doctor and ambulance service will be guaranteed. The organising club declines all liability for any damage to persons or property that may occur before, during or after the event. For anything not covered by these regulations, the FIDAL and G.G.G. federal regulations apply.

By registering for the race, the athlete declares that he has read and fully accepts these regulations.

### **DEPARTURE**

**Sunday 19 May 2024 Meeting:**  
8:00 a.m. Piazza Venezia  
Departure: 09:00 a.m.

### **REGISTRATION**

Maximum number of participants 400 participants in total between the competitive race and the non-competitive Ten.

Online registrations will be closed at 23:59 on 15 May 2024 or when the maximum number of 400 participants has been reached.

## HOW TO REGISTER

**ONLINE:** via the Endu portal payment by credit card or bank transfer. In the case of bank transfer, the details provided at the end of the registration process can be used. Medical certificates may be uploaded to Datahealth in the appropriate section or sent as an attachment to [corritrieste@evodata.it](mailto:corritrieste@evodata.it).

Online registration with increasing quotas:

<b>1 November to 31 January</b>	<b>15,00 €</b>
<b>1 February to 31 March</b>	<b>18,00 €</b>
<b>1 April to 15 May</b>	<b>20,00 €</b>

## NOT PRE-ENROLLED

It will be possible to register for a fee of € 25.00 at the Corri Trieste registration centre at Trieste Villas, via Torino 34 Trieste on Saturday 18 May from 10.00 a.m. to 7.00 p.m. and on Sunday 19 May from 7.30 a.m. to 8.30 a.m. in Piazza Venezia, start area. The location, days and times of the registration centre will be announced through the event's social channels and on the event's official website in the days leading up to the event.

Entries without the required documentation (see Participation Requirements and Privacy Form at [www.corritrieste.it](http://www.corritrieste.it)), or with incomplete contact details and personal data will not be accepted.

## THE FEE INCLUDES

- Technical T-shirt
- Event bag
- Medal
- Sponsors' products
- Medical Assistance
- Timing service with chip to be returned at the end of the race. In the event of failure to return the athlete must pay € 20 as compensation
- Refreshments along the route
- Final Refreshment

## REFUNDS AND TRANSFERS

Participation fees are non-refundable; it is not possible to transfer one's registration to another athlete or to another edition of the event.

## PARTICIPATION REQUIREMENTS FOR ATHLETES REGISTERED IN ITALY

According to the 'Rules for the organisation of events' issued by the FIDAL, athletes registered in Italy may participate only if they are 16 years of age (allievi) or older and meet one of the following requirements:

- Athletes registered in 2024 for clubs affiliated to FIDAL
- Athletes in possession of a Runcard (valid as sports insurance and permission to compete),

Participation is, however, conditional:

- or on presentation of a valid medical certificate of fitness for athletics, which must be shown to the organisers in original and kept, as a copy, in the files of the organising club of each event. The medical certificate for non-resident foreigners may be issued in their own country, but the same examinations required by Italian law must have been carried out:
  - medical examination
  - complete urine examination
  - electrocardiogram at rest and after effort
  - spirometry.

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- Athletes registered with a Sports Promotion Organisation (Athletics Section), in possession of the Runcard-EPS;  
the participation is subject to possession of the 'RUNCARD':
  - o the presentation of a valid medical certificate of agonistic fitness specific to athletics, which must be presented to the organisers in the original and kept, in copy, on file at the organising club of each event. The medical certificate for non-resident foreigners may be issued in their own country, but the same examinations required by Italian law must have been carried out:
    - medical examination
    - complete urine examination
    - electrocardiogram at rest and after exercise;
    - spirometry

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## **PARTICIPATION REQUIREMENTS FOR ATHLETES NOT REGISTERED IN ITALY**

Italian/foreign athletes who are not registered in Italy may participate, limited to persons aged 16 and over who meet one of the following requirements:

### **REGISTERED FOREIGN ATHLETES:**

- Athletes with membership of clubs affiliated to Foreign Athletics Federations recognised by WA.
- Athletes in possession of a Runcard (valid as sports insurance and

permission to compete) limited to persons aged 20 and over; medical certificate of fitness for competitive athletics. The membership card can be signed online at [runcard.com](http://runcard.com).

## NON-REGISTERED FOREIGN ATHLETES:

Foreign athletes wishing to take part in the competitive race without a membership card can choose the "TURISTICSPORTIVA" PARTICIPATION by producing the "[Liability Waiver Form](#)" to be sent during registration or handed in when collecting the bib number.

There are limitations, you cannot receive prizes, bonuses, expense reimbursements, etc., and you do not get a ranking. All services such as chip timing, refreshments and medals are provided.

## BIB AND RACE PACKET COLLECTION

It will be possible to pick up the race package at the Corri Trieste registration centre at Trieste Villas, via Torino 34 Trieste on Saturday 18 May from 10.00 a.m. to 7.00 p.m. and on Sunday 19 May from 7.30 a.m. to 8.30 a.m. in Piazza Venezia, start area.

The location, days and times of the registration centre will be announced via the event's social channels and on the event's official website in the days leading up to the event. In the case of collection by proxy, the delegating party must fill in, sign and hand over to the delegate the proxy form ([HERE](#)), the privacy form ([HERE](#)), a copy of the registration confirmation letter and a copy of his/her ID.

## FIDAL HOMOLOGATED COURSE



10 km on road; route completely closed to traffic with start and finish at Piazza Venezia, with two very fast straights, one inside the city centre and the other facing the sea. A 1,250 m track to be repeated eight times.

## **LIMIT TIME**

The time limit for finishing the competitive 10 km race is set at 1h10', beyond this time the Organising Committee will no longer guarantee control and assistance on the race route.

## **RISTORI**

As per Fidal regulations, there will be a refreshment point at km 5 and one in the finish area.

## **TIMEKEEPING AND RANKINGS**

The measurement of gun time and the processing of the rankings are carried out by EVODATA (Timing&Data Solutions) and are validated by the Technical Delegate Race Judge/Appeals Judge. The rankings will be available online on the Endu.net website on the event page. Any complaints must be lodged no later than 30' after the online publication of the rankings.

## **BAGS DEPOSIT**

Bag storage is not provided. All athletes are requested to leave their bags in their cars and to arrive at the start area in their race clothing. It is strictly forbidden to leave any clothing inside the start area or along the route.

## **INDIVIDUAL AWARDS**

Prizes will be awarded to the first three absolute male and female athletes and the first three finishers in each master's category with prizes in kind.

Podium for the first 3 absolute men and women immediately after arrival in Piazza Venezia. Category awards ceremony at 11.00 a.m. Piazza Venezia

**Unclaimed prizes may no longer be claimed. Any changes of place and/or time will be announced by the speaker in the start area.**

## **COMPANY AWARDS**

Prizes in kind will be awarded to the first five classified companies with a minimum of 15 athletes on the basis of the number of finishers, the sum of the finishers will determine the final classification.

Place and time of the category award ceremonies will be announced on the official event website in the days leading up to the event.

**Unclaimed prizes may no longer be claimed. Any changes in location and/or time will be announced by the speaker at the start area.**

## **ANTI-DOPING SERVICE**

Procedures according to FMSI - AIU - WADA guidelines.

## **COMPLAINTS**

Any complaints must be made in accordance with the FIDAL and R.T.I. rules.

## **RIGHT OF IMAGE**

By registering for Corri Trieste 2024 the athlete authorises the organisation to acquire, free of charge, the right, together with its partners, to use the still or moving images on which he/she may appear, taken during his/her participation in Corri Trieste 2024, on all visual media as well as on promotional and/or advertising materials.

## **FRAUDULENT PARTICIPATION IN THE TENDER - PENALTIES**

The subscriber is responsible for the ownership and safekeeping of his or her race bib and acquires the right to use all the services mentioned in these regulations and subsequent announcements.

1. Anyone who, without regular registration, participated without a bib number,

in addition to being held liable for damage to persons or property, including himself, he will incur sporting sanctions under the jurisdiction of the federal bodies and may be liable to the criminal penalties provided for the offence of 'theft' (Article 624 of the Criminal Code).

2. Anyone who, without regular registration, takes part with a counterfeit or otherwise non-compliant bib number, in addition to being liable as indicated above, will incur sporting sanctions and may also be liable to the criminal penalties provided for the crime of 'theft' (Article 624 of the criminal code), or, alternatively, the crime of 'fraud' (Article 640 of the criminal code).

In cases 1 and 2, participants may be liable to the penalties provided for the offence of "failure to comply with the provisions of the authorities" (Article 650 of the criminal code). The aforementioned cases will only be found after verification of photographic and/or video documentation.

## **INFORMATION**

Silvia Nosei: T. 3513005038 Mail:

[info@promorun.it](mailto:info@promorun.it) **FINAL**

## **WARNINGS**

The Organising Committee reserves the right to amend these regulations at any time for reasons it deems appropriate for the better organisation of the race, after having given notice to and obtained approval from the FIDAL. For anything not provided for in these regulations, the technical statutory regulations of the FIDAL and the G.G.G. apply. Any changes to services, places and times will be duly communicated to the registered athletes or will be posted on the website [www.promorun.it](http://www.promorun.it). In addition, the documentation containing the essential information for taking part in the race will be delivered by the organisation together with the bib.

## **CANCELLATION OF COMPETITION - NON-EVENT**

In the event that the competition is cancelled, moved to another date and/or, in any case, not held for reasons beyond the organiser's control and/or control, including the withdrawal of authorisation to hold the competition by the competent public bodies, events

atmospheric conditions, earthquakes, epidemics and any other event that may jeopardise the safety of participants, the registrant shall have no claim to reimbursement from the organising company. Registrations received will be kept valid for the following year or for another Promorun event. The transfer will be completely free of charge.